



Phase Counselling

For every phase of your life

www.phasecounselling.co.uk

Cookie Notice

This Cookie Notice explains how Phase Counselling Ltd ("Phase", "we", "us") uses cookies and similar technologies on www.phasecounselling.co.uk.

1. What are cookies?

Cookies are small text files that websites can place on a device when a person visits a website. Similar technologies can also store or access information on a device. These technologies can be used for purposes such as making a website work, remembering choices, measuring website use or supporting advertising and tracking.

2. How our website uses cookies and similar technologies

The Phase Counselling website does not currently use advertising, analytics or tracking cookies to monitor how visitors use the website or to build profiles about them.

Our website may use essential technologies where these are necessary for the website to operate properly, remain secure or provide a service requested by the visitor. Essential technologies are not used for advertising or behavioural profiling.

Because we do not currently use optional cookies or similar technologies that require consent, we do not operate a cookie consent banner.

3. Third-party services

Our website uses Google Fonts to help display text consistently. When a page using Google Fonts is loaded, the visitor's browser connects to services operated by Google to obtain the relevant font resources.

Our website may also contain ordinary links to external websites and social media services. Following an external link takes the visitor to another organisation's website. That organisation may use its own cookies or similar technologies in accordance with its own privacy and cookie information.

Phase does not currently use embedded advertising or social-media tracking pixels on its website.

4. Changes to our use of cookies

We may change the technologies used on our website as the website develops. If we introduce optional cookies or similar technologies that require consent, we will provide appropriate information and obtain consent before those technologies are used where required by law.



Phase Counselling

For every phase of your life

www.phasecounselling.co.uk

We will also update this Cookie Notice to reflect material changes to the technologies used on the website.

5. Your choices

Visitors can use their browser settings to view, block or delete cookies. Blocking essential technologies may affect the operation of some websites or services.

As the Phase website does not currently use optional cookies requiring consent, there are no optional cookie preferences to manage on the Phase website at present.

6. Contact us

If you have any questions about this Cookie Notice or how Phase handles personal information, please contact:

Phase Counselling Ltd

18 Monmouth Grove

Prestatyn

LL19 8TS

Email: info@phasecounselling.co.uk

Company number: 16414295

ICO registration number: ZB983486

For more information about how we use and protect personal information, please see our Client Privacy Notice.